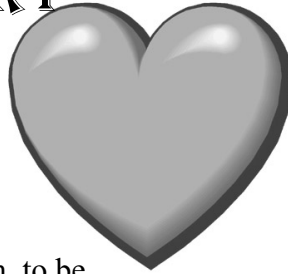


THE FIXED HEART

Psalm 57:1-7; Psalm 112:5-7



Four times in the book of Psalms we find the expression, “**My heart is fixed**” (Psalm 57:7; 108:1; 112:7). The Hebrew verb translated “fixed” means “to be firm, to be established, to be steadfast, to be locked into a right position and to stay there.” The same verb is used in Proverbs 4:26—“Ponder the path of thy feet, and let all thy ways be **established** [fixed].” And when our feet are locked onto the right path we will not turn to the right hand or to the left (Prov. 4:27).

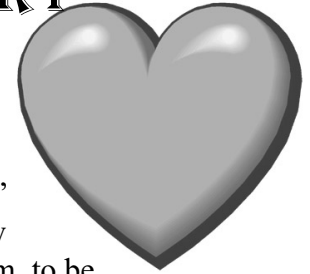
Psalm 93:1 is very instructive because it teaches us that if something is fixed, then it will not be moved: “the world is also **established** [fixed], that it cannot be moved” (see also Psalm 96:10; 1 Chron. 16:30). The believer whose heart is anchored in God cannot be moved: “He only is my rock and my salvation; He is my defense; I shall not be moved” (Psalm 62:6). Our root must go down deep into God and be attached firmly: “The root of the righteous shall not be moved” (Prov. 12:3). When trials and trouble and bad news comes our way, we need not be moved: “Surely **he** [the righteous man] shall not be moved forever...He shall not be afraid of evil tidings: **his heart is fixed**, trusting in the LORD” (Psalm 112:6-7). The great test of the fixed heart is when adversity comes: “that no man be moved by these afflictions” (1 Thess. 3:3).

Paul was prepared for major difficulties because his heart was fixed: “The Holy Spirit witnesseth in every city, saying that bonds and afflictions abide me, but **none of these things move me**” (Acts 20:23-24). So it is for each one of us: “Be ye **steadfast, unmoveable**, always abounding in the work of the Lord” (1 Cor. 15:58).

~George Zeller: www.middletownbiblechurch.org

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