



Overcoming Severe Trials God's Way



Psalm 37:1-7, 37-40

A pastor learned valuable lessons as he endured fiery trials. He found that God's grace is sufficient and His resources are unlimited. He encouraged believers going through deep waters to do the following:

- 1) **Focus upon the LORD.** "Thou wilt keep him in perfect peace, whose mind is stayed upon Thee" (*Isa. 26:3*). "Looking unto Jesus" (*Heb. 12:2*). "I have set the LORD always before me" (*Ps. 16:8*).
- 2) **Be assured of God's presence.** "Fear thou not, for I am with thee: be not dismayed; for I am thy God" (*Isa. 41:10*). "When thou passeth through the waters I will be with thee" (*Isa. 43:2; Ps. 23:4*). "God is our refuge and strength, a very present help in trouble" (*Ps. 46:1*).
- 3) **Trust in the LORD.** "What time I am afraid, I will trust in Thee" (*Ps. 56:3; Prov. 3:5-6*).
- 4) **Commit all things to the LORD.** "Commit thy way unto the LORD, trust also in Him" (*Ps. 37:5*). "Casting all your care upon Him, for He careth for you" (*1 Pet. 5:7; Phil. 4:6-7*).
- 5) **Be silent before the LORD.** "Truly, my soul waiteth [lit. "waits in silence"] upon God" (*Ps. 62:1*). "It is good that a man should both hope and quietly wait" (*Lam. 3:26*).
- 6) **Rest in the LORD.** "Come unto Me...and I will give you rest" (*Matt. 11:28*). "Rest in the LORD, and wait patiently for Him" (*Ps. 37:7*).
- 7) **Be thankful to the LORD.** "Bless the LORD, O my soul....Giving thanks always" (*Ps. 103:1-2; Eph. 5:20; 1 Thess. 5:18*).
- 8) **Rejoice in the LORD.** "Rejoice in the Lord always, and again I say, Rejoice" (*Phil. 4:4; Phil. 3:1; 1 Thess. 5:16; Hab. 3:17-19*).

The above Scriptures direct our hearts and minds to the Lord who is our sufficient Saviour for every situation. The trials become blessings as we trust the Lord and His promises.

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